

CLUB	NUMBER	FIRST NAME	SURNAME	CATEGORY	INDIVIDUAL TIME
STRIDERS OF CROYDON	28A	MATT	MORGAN	MEN	14:29
	28B	DUNCAN	LANCASHIRE		13:43
	28C	JUSTIN	MACENHILL		13:49
BECKENHAM RC	22A	WILL	WITHECOMBE	MEN	14:22
	22B	NOLAN	WILKENS		14:37
	22C	MARC	CLAYTON		13:32
S.L.H.	9A	MATT	CHAPMAN	MIXED M	13:45
	9B	BECKIE	WOODLANDS	F	16:16
	9C	JASON	SIMPSON	M	13:05
CRYSTAL PALACE TRI	2A	EWAN	MCKAY	MEN	14:32
	2B	MARK	THOMAS		15:18
	2C	CARL	PLUMPTON		14:08
BECKENHAM RC	21A	JIM	ADDISON	MEN	14:15
	21B	BEN	CALASCIONE		15:38
	21C	SIMON	CARTER		16:04
NEW ELTHAM JOGGERS	17A	ANDY	EASTMENT	MEN	15:19
	17B	ANDY	MACONICHIE		16:16
	17C	BRYAN	MALLARDET		14:50
STRIDERS OF CROYDON	27A	STEVE	STARVIS	MIXED M	14:25
	27B	JOSEPHINE	THOMPSON	F	17:33
	27C	RICHARD	LEE-SMITH	M	14:46
S.L.H.	10A	BARRY	ATTWELL	MEN	15:37
	10B	ALEX	HALPIN		14:52
	10C	COLIN	YOUNG		16:29
BEXLEY A.C.	15A	CHRIS	STANTON	MEN	15:43
	15B	TOM	CLENCH		16:19
	15C	GLEN	BUTLER		15:37
CAMBRIDGE HARRIERS	6A	JERRY	CARNELL	M50	15:05
	6B	MICK	ELLSMORE		15:21
	6C	JOHN	HUNTINGFORD		17:30
S.L.H.	11A	CLIVE	EDGINGTON	MEN	15:46
	11B	JOHN	QUAINTANCE		15:54
	11C	JOHN	FOSS		16:25
HERNE HILL HARRIERS	31A	TOBY	CLARK	MEN	16:14
	31B	BEN	HALIFAX		15:47
	31C	TIM	RIDLEY		16:37
BEXLEY A.C.	16A	ROSS	JENNER	MEN	16:47
	16B	PETER	GRIFFITHS		17:02
	16C	MARTIN	JENNER		16:13
S.L.H.	12A	PAUL	WILLIAMS	MEN	16:23
	12B	KEN	LEE		17:33

	12C	FRANCIS	UPCOTT		16:07
COLLINGWOOD	37A	KEITH	DUNNING	MEN	15:29
	37B	RAY	SULLIVAN		17:56
	37C	MARTIN	LLOYD		16:42
STRIDERS OF CROYDON	26A	STUART	HILLS	M50	18:38
	26B	BOB	EWEN		16:08
	26C	JOHN	FOSTER		15:37
NEW ELTHAM JOGGERS	19A	STEVE	FREEMAN	MEN	18:11
	19B	NICK	CURTIS		15:44
	19C	NIGEL	KENT		16:49
CAMBRIDGE HARRIERS	7A	JOHN	MURPHY	MEN	16:54
	7B	JOHN	CORCORAN		18:52
	7C	KEVIN	WHITE		15:12
CRYSTAL PALACE TRI	5A	NOT	GIVEN	NOT GIVEN	17:09
	5B	NOT	GIVEN		17:48
	5C	NOT	GIVEN		16:11
BECKENHAM RC	33A	STEPHEN	WINFIELD	MEN	17:01
	33B	SERGEY	ZELENOV		16:53
	33C	STUART	SCOTT		17:16
CRYSTAL PALACE TRI	34A	RON	YEE	MEN	16:16
	34B	BRUCE	AYERS		18:39
	34C	NIKO	LUTENER		16:34
BEXLEY A.C.	14A	JON	HUNTER	MEN	17:35
	14B	NICK	WINFIELD		17:55
	14C	TERRY	WARDALE		16:13
TEAM CURRAN	1A	PAT	CURRAN	MIXED M	20:01
	1B	NICOLA	CURRAN	F	18:58
	1C	KIERAN	O'DOCHERTY	M	12:53
BECKENHAM RC	8A	SOPHIE	BISHOP	LADIES	17:53
	8B	MELANIE	BURDETT		17:06
	8C	ANIKA	JONES		17:08
BROMLEY VETS	35A	PHIL	GREENFIELD	MEN	17:58
	35B	CHRIS	MARSHALL		17:11
	35C	JAMES	WINBOURNE		17:34
NEW ELTHAM JOGGERS	18A	STEVEN	TREDRAY	MEN	16:07
	18B	MARTIN	WISDOM		18:12
	18C	SIMON	RILEY		18:26
STRIDERS OF CROYDON	24A	TOM	LITTLEWOOD	MEN	19:51
	24B	JAMES	MASON		18:11
	24C	LEE	WADSWORTH		15:07
S.L.H.	13A	HARVEY	HUGHES	MEN	18:15
	13B	NOT	GIVEN		16:55

	13C	NOT	GIVEN		18:14
STRIDERS OF CROYDON	29A	MARTIN	GOURLAY	MEN	21:15
	29B	JULIAN	SPENCER-WOOD		16:12
	29C	MICK	TURNER		16:00
STRIDERS OF CROYDON	23A	BARRY	FINCH	M60	17:47
	23B	ROBIN	JAMIESON		18:13
	23C	COLIN	COTTON		17:33
COLLINGWOOD	40A	GRAHAM	HUMPHRIES	MEN	18:12
	40B	KEITH	DUNNING		16:23
	40C	GRAHAM	HUMPHRIES		19:18
CRYSTAL PALACE TRI	4A	DAVE	CROCKWELL	MEN	18:45
	4B	KEITH	BREWSTER		15:37
	4C	CHARLES	GREENWOOD		19:41
STRIDERS OF CROYDON	25A	ALICE	EWEN	LADIES	18:08
	25B	ANDREA			18:23
	25C	KERRY	BACKSHELL		18:02
NEW ELTHAM JOGGERS	20A	KATHRYN	LUGTON	LADIES	18:48
	20B	LIANNE	SCOTT		20:13
	20C	JANET	COBBY		17:54
BROMLEY VETS	36A	CONNIE	JACKSON	LADIES	18:37
	36B	KAREN	SAMUELS		21:17
	36C	ANNE	UNSELD		18:45
COLLINGWOOD	31A	ALISON	FOX	MIXED F	22:12
	31B	RUTH	CUTTAM	F	18:59
	31C	BILL	WALSH	M	19:00
NEW ELTHAM JOGGERS	30A	JANET	LUGTON	LADIES	20:02
	30B	CATHERINE	WARNER		20:31
	30C	GERALDINE	EASTMENT		20:39
CRYSTAL PALACE TRI	3A	EMMA	SNOWDON	LADIES	21:28
	3B	KATT	PUSEY		18:52
	3C	KAREN	AYERS		21:07
NEW ELTHAM JOGGERS	39A	JANE	SCANLON	MIXED F	21:34
	39B	BOB	BALES	M	19:02
	39C	MICK	LYDON	M	23:29
HERNE HILL HARRIERS	32A	GLEN	KEEGAN	MEN	17:56
	32B	JOSHUA	NAVA	M	17:24
	32C	DNF	DNF		

OVERALL TIME
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